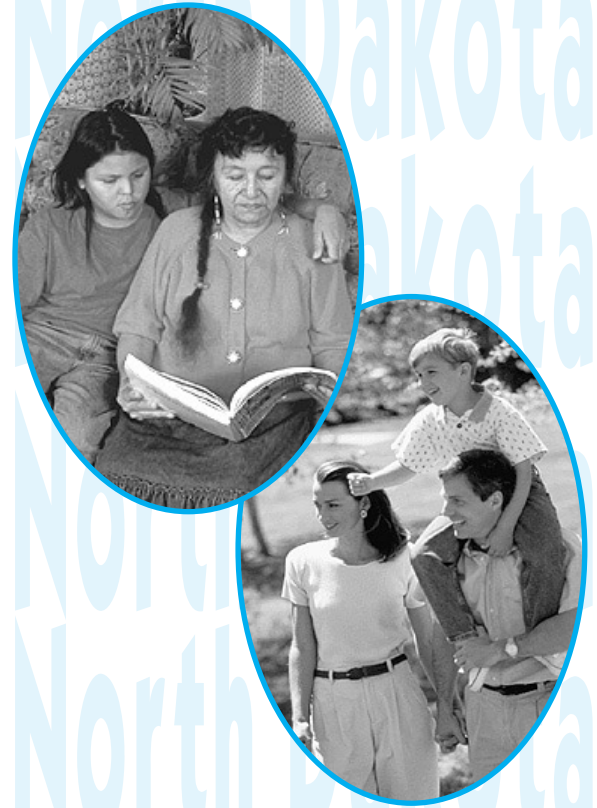


# North Dakota



**Temporary Assistance  
for Needy Families**

DN #246  
North Dakota Dept. of Human Services  
600 East Boulevard Avenue #325  
Bismarck, ND 58505-0250

**Information and  
Referral Services**

# A Resource Guide for Families

*The County Social Service Office provides information and/or referral services to applicants/recipients of public assistance program. This brochure provides some*

*examples of the programs and services available to help your family. Please let your county worker know if you are interested in any of the programs or services. Asking for*

*information does not require you to be referred or to participate. Not all programs or services are available everywhere in the state. All programs have different eligibility rules.*

## **Programs to help elderly stay in their home**

Homemaker/Home Health Aid Chore Services  
Meals on Wheels/Senior Meals  
Senior Companion Programs

## **Programs to find child care or help pay child care**

Child Care Assistance Program  
Child Care Resource and Referral Service  
Tribal Child Care Assistance Program

## **Children/Youth Programs**

County and Tribal Social Services  
Head Start Program  
Free and Reduced School Lunch Program  
Development Disabilities  
Salvation Army (After school and summer programs)

## **Agencies that offer individual, family, marital, or credit counseling**

Catholic Family Services  
Indian Health Services - Mental Health  
Lutheran Social Services  
Mental Health Association  
Red Cross - Disaster Counseling  
Regional Human Service Centers  
Village Family Service Center  
Veteran's Administration  
Tribal Treatment Programs

## **Programs to help you get a job**

Green Thumb, Inc.  
Job Service  
Vocational Rehabilitation  
Tribal Native Employment Works



## **Programs to help families without income**

Bureau of Indian Affairs/Tribal General Assistance  
Temporary Assistance for Needy Families (TANF)  
Social Security Administration (disability benefits, survivors benefits, retirement benefits)  
Unemployment Benefits  
Veterans Administration  
Workers Compensation

## **Programs to help your family to get food or to buy food**

Community Action Program (CAP)  
Commodities - Tribal Food Distribution  
Family Nutrition Education Program  
Food Pantry  
Food Stamps  
Salvation Army  
Women Infant & Children (WIC)

## **Programs to assist homeless families or help with rent**

Homeless Shelter or Safe House  
Housing Assistance Program (HAP)  
North Dakota Fair Housing Counsel - discrimination or grievance concerns

## **Health Coverage and Insurance Programs for Children and Adults**

Caring Program for Children - Insurance  
Children's Special Health Services (formerly Crippled Children's Fund)  
Easter Seals  
Healthy Steps (CHIPS) - Insurance  
Health Tracks - Preventative Health Screening  
Indian Health Services  
March of Dimes  
Medicaid - Medical Coverage  
Planned Parenthood - Women's health and birth control information  
Public District Health Services  
Veteran's Administration

## **Other**

Child Support Enforcement  
Earned Income Tax Credit - Special tax break  
Legal Services  
Protection and Advocacy - Support individual's rights  
Telephone Assistance Program - Lifeline/Linkup - Pays for part of phone hook-up and monthly bill  
Translator or Interpreter Services - Assistance for those who have difficulty understanding English

*Information discussed with county workers is confidential.*